Detail of the Programme Apr 2019 to March 2020

First Aid Workshop :-11th May'19 :-

First aid training was conducted by Dr.Simmi Mahajan, On 11th May'2019 between 2pm-5pm for the members and staff of Auro Navkriti and Rupantar. Dr.Simmi Mahajan is a certified trainer by Red Cross who has trained more than 5000 people in to first aid. She imparted the basic training of fist aid management in the cases of Sprain, fracture, fainting, choking, nose bleeding. Around 50-60 people participated. The session really appreciated by everybody and it was demanded that one more session to be arranged to cover the topics like CPR and burns etc.

Independence Day (14 August, 2019):- On August 14, 2019, Sri Aurobindo Society, Delhi branch celebrated Independence Day of the country.

This celebration began with prayers, patriotic songs followed by hoisting of the national flag amidst the singing of National anthem by children, principal and teachers of Auro Navakriti. This was attended by all the staff members of the Society, Rupanter and Auro Navakriti.

More than 180 people were present on the occasion. Refreshment boxes was distributed after the Programme

Sri Aurobindo's Birthday (15 August, 2019):-

On August 15, 2019, Sri Aurobindo Society, Delhi branch celebrated the 148th Birthday of Sri Aurobindo and 73rd Independence Day of the country with full zeal and vigor.

This celebration began with shlokas, prayers, birthday songs, patriotic songs followed by hoisting of the national flag amidst the singing of National anthem by children, principal and teacher of Auro Navakriti. This was attended by all the staff members of the Society, Rupanter and Auro Navakriti. Thereafter, we all gathered for collective silent meditation. The event was followed by flower offering at the shrine, prasad and Darshan cards.

This year, August 15, was more special as there were more reasons to rejoice and celebrate. At SAS Delhi, the three key events were Sri Aurobindo's birthday, India's Independence Day and Raksha bandhan.

Foundation day: - **19th September,2019 :-** On this day, Delhi centre organized a "MOHINIYATTAM" classical dance performances by Ms. Jayaprabha menon and group

Her performance was based on Truth of life. It was a marvelous dance performance.

More than 100 people including staff members, Managing committee members, Staff of Rupantar, Navakriti, Sacac and the members from Ashram.

The Programme Started with lighting of lamps by Tara di , Mr. Bijlani, Mr. Rajvanshi , Dr. Simmi , Ms. Daljeet, Ms. Nandita.

The programme ended with distribution of memento to Jayaprabha and her team followed by Vote of thanks by Dr. Simmi. Mahajan.

15th October ,2019 :-Free Cancer Awareness Camp and Screening camp on:- Sri Aurobindo Society Delhi Branch in association with Rotary Club of Delhi Bhikhaji Cama Place organized free Cancer Awareness Camp and Screening camp in society Campus.

Parents of Auro Navakriti and Society members along with the staff members of SACAC, Auro Navakriti, Society and Rupantar availed free BP and sugar test, ENT, PSA, Pap smear, Mammography BY the doctor. We had around 160 people

In short, everyone appreciated the initiative

Ist January, 2020: Sri Aurobindo society, Delhi Branch started the 1st day of New Year With a programme of Bhajans and Collective Meditation .

Many devotee ,Staff Members to gathered for Collective meditation followed Bhajans by Ms. Nandita Bose

New Year Darshan card and Diary was given to all the Members & staff

21st February, 2020: Mother's Birthday : Sri Aurobindo society, Delhi Branch organize a programme of Bhajans and Collective Meditation on the this occasion.

Many devotee ,Staff Members to gathered for Collective meditation followed Bhajans by Ms. Nandita Bose. The event was followed by flower offering at the shrine, prasad and Darshan cards.

29th February, 2020: Day of the Supramental Manifestation : Sri Aurobindo society, Delhi Branch organize a programme of Bhajans and Collective Meditation on the this occasion.

Many devotee ,Staff Members to gathered for Collective meditation followed Bhajans by Ms. Nandita Bose. The event was followed by flower offering at the shrine, prasad and Darshan cards.